

FRR ANNUAL GENERAL MEETING

MINUTES

Held on 8th February 2017 at Felixstowe Tennis Club

In attendance:

Richard Farnworth	Tim Finegan
Christina Howland	Lucy Sheehan
Jon Wilding	Simon Wiggins
Dave Solomon	Robin Harper
Paul Osbourne	Rachael Miller
Jo Whelan	Angela Soames
Sally Solomon	Jonathan Jenkyn
Nicola Stevenson	David Seymour
Erika Downs	Mark Ford
Jimmy Russell	Sarah Parker
Roger Stone	Rachel Dixey
Shane Allum	Adele Chaplin
Peter Woods	Dylan Pomietlo
Dan Clark	Amanda Smith
Paul Schwer	Fred Boggis
Mark Goodwin	Clair Fiddaman
Kevin Whelan	Ray Roberts
Jonny Miles	Mike Deacon
Justin Ostler	Alistair Read
Dan Gould	Ian Duggan
Liz Beighton	Karen Eaton

Apologies:

1.	<u>Minutes from last meeting and matters arising</u>				
	REPORT	PROPOSED	SECONDED		
	2016 Minutes	R Miller	J Wilding		
	Chairman	S Wiggins	J Wilding		
	Treasurer	Jo Whelan	R Miller		
	Social Secretary	J Wilding	J Wilding		
	Club Team Captain	N Stevenson	J Whelan		
2.	<u>Club Posts</u>				
	POST	CURRENT POST HOLDER	ELECTED POST HOLDER	PROPOSED	SECONDED
	Chairman	R Farnworth	M Ford	M Ford	R Farnworth
	Treasurer	T Finegan	T Finegan	R Farnworth	J Whelan
	Club Secretary	S Wiggins	J Jenkyn	J Jenkyn	D Solomon
	Social Secretary	L Sheehan	A Chaplin	A Chaplin	S Wiggins
	Club Team Captain	R Harper	R Harper	R Harper	R Miller
	Club Team Vice Captain	D Solomon	D Solomon	D Solomon	J Whelan
	Adult Coach	M Goodwin	M Goodwin	M Goodwin	P Woods
	Junior Coach	N Dadge	A Smith	R Farnworth	R Miller
	Membership Secretary	R Roberts	S Parker	S Parker	L Sheehan
	Kit	J Whelan	J Whelan	R Farnworth	A Smith
	Webmaster	J Jenkyn	P Woods	P Woods	J Jenkyn
	Welfare Officer	Vacant	S Allum	R Miller	J Whelan

	Press Officer	Vacant	L Sheehan	A Soames	R Harper
	Race Director Kirton 5	R Farnworth	V Calver		
	Felixstowe Costal 10 Race Director	M Ford	M Ford		
	Martlesham 10k Race Director	R Miller	R Miller		
<u>3.</u>	<u>Chairman</u>				
	<p>I have been chairman for 9 enjoyable years, and it is time to stand down. My running high in that period was running the London Marathon, the lows have been losing two good running friends, Mike Todd and Richard Bennett.</p> <p>I would like to thank all of the committee, past and present, who have supported me during the 9 years, especially Jon Wilding.</p> <p>In the 9 years, we have seen the numbers double on Tuesday night sessions, which has been very satisfying, but also brings problems of its own.</p> <p>It gives me pleasure to hand over the reins for the Kirton 5 to Vince Calver. I would like to thank the Kirton 5 team for their support.</p> <p>The Coastal 10, and before that the ½ marathon have never been without their issues, Mark Ford has always found a solution to any problem, and will continue to do so, I am sure.</p> <p>The Martlesham 10 was a great success in 2016 due to Rachael Miller's hard work, and despite putting on three races, good luck with 2017.</p> <p>The social side of the club is important, because it includes the other side of our family who might not be runners. Thank you to those who have hosted social events during 2017.</p>				
<u>4.</u>	<u>Treasurer</u>				
	<p>Overall the club made a profit of £1,040 in 2016.</p> <p>£712 was spent on coaching courses, which can only be positive for the club going forward.</p> <p>£416 was spent on social events, which is down on previous years.</p> <p>£1,989 was spent on funding sporting events, including Ekiden, Round Norfolk Relay, Thunder Run, Cross Country.</p> <p>£800 was spent hiring Brakenbury Sport Centre.</p> <p>Membership brought in £1,389 to the club.</p> <p>Coastal 10 raised £4,278, although this will reduce in 2017.</p> <p>Kirton 5 raised £511.</p> <p>Martlesham 10k raised £1,342 for the club and donated £2,356 to the Lions.</p> <p>Kit subsidies cost the club £2,261.</p> <p>£500 from the Kirton 5 was donated towards the defibrillator on Kirton playing field.</p> <p>The general financial position of the club is healthy, and there is no immediate cause for concern.</p>				
<u>5.</u>	<u>Social Secretary</u>				
	<p>Thank you to the team for sorting out the Christmas social event, where everybody had a good time.</p> <p>The next event is the awards ceremony in March.</p> <p>Any ideas for an additional event to be presented to the Social Secretary.</p>				
<u>6.</u>	<u>Membership Secretary</u>				
	<p>2016 was the highest year in terms of membership.</p> <p>30+ left the club in the year, and 50+ have joined to replace them.</p> <p>Solo Membership 213</p> <p>Solo Juniors 29</p> <p>Second claim 5</p>				

	Non competing 7 Total senior UKA competitors 201
<u>7.</u>	<u>Club Coach</u>
	Nigel Dadge is stepping down. Amanda Smith has forward to take over the junior coaching. She will soon be the most qualified coach in the club. We have a large number of run leaders and coaches, but as a club we always need more. We had the first Coaches Meeting in January, and as a result have introduced Thursday night core / stretching sessions and Friday night track sessions on a trial basis. It is hoped that if the coaches decide to continue with this in 2017 the club will support it financially.
<u>8.</u>	<u>Website</u>
	Members who do not renew membership will be removed from the FB Group on the 1 st May. This allows for a 2 month grace period.
<u>9.</u>	<u>Club Captain's report</u>
	2016 was a successful year, with 9 teams at Ekiden, incorporating 56 athletes. The cross-country series was well supported. The club did exceptionally well in the Grand Prix series, winning numerous awards.
<u>10.</u>	<u>A.O.B.</u>
	The membership fees are to increase in line with UKA increase for all competing members. D Gould proposed that all committee members get free membership in respect of their services and to ensure only members serve on the committee, this was rejected by the members. D Solomon proposed for names of people who have raced for the club to be read out on a Tuesday evening session. Concern was raised that the netball court is only available until 19:00, and if members warm up then get cold standing around waiting for the list of runners to be read out, and go straight to drills this increases the likelihood of injury. It was agreed to trial Robin Harper reading the results out after the session has completed.