

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac                                          | Bib | Name                | AG            | Club                         | Gun     | Chip    | SCC |
|-----------------------------------------------|-----|---------------------|---------------|------------------------------|---------|---------|-----|
| <b>Richard Bennett Felixstowe Coastal 10m</b> |     |                     |               |                              |         |         |     |
| 1.                                            | 561 | Benjamin Carpendale | Male Senior   | Felixstowe RRC               | 53:37   | 53:36   | 1   |
| 2.                                            | 234 | Owen Rees           | Male Senior   | Ipswich Phoenix Running Club | 54:55   | 54:54   | 1   |
| 3.                                            | 495 | Sultan Tusa         | Male Senior   | Ipswich Jaffa RC             | 56:40   | 56:39   | 0   |
| 4.                                            | 250 | Haydn Wade          | Male Senior   | Felixstowe RRC               | 57:01   | 57:00   | 1   |
| 5.                                            | 497 | Osman Adam          | Male Senior   | Ipswich Jaffa RC             | 57:36   | 57:35   | 0   |
| 6.                                            | 489 | Tony Gavin          | Male V40      | Felixstowe RRC               | 58:28   | 58:27   | 1   |
| 7.                                            | 313 | Neil Barnett        | Male Senior   | Felixstowe RRC               | 59:29   | 59:27   | 0   |
| 8.                                            | 128 | Aidan Coughlan      | Male V40      | Felixstowe RRC               | 59:30   | 59:28   | 1   |
| 9.                                            | 623 | John Scaife         | Male V50      | Colchester Harriers AC       | 1:01:03 | 1:01:02 | 0   |
| 10.                                           | 112 | Ryan Davidson       | Male Senior   | Felixstowe RRC               | 1:01:12 | 1:01:11 | 0   |
| 11.                                           | 303 | Gary Taylor         | Male V40      | Felixstowe RRC               | 1:01:18 | 1:01:17 | 1   |
| 12.                                           | 565 | Rob Sparkes         | Male V45      | Finch Coasters               | 1:01:34 | 1:01:33 | 1   |
| 13.                                           | 575 | Mark Allen          | Male V55      | Ipswich Jaffa RC             | 1:01:49 | 1:01:47 | 0   |
| 14.                                           | 154 | George Mann         | Male Senior   | Unattached                   | 1:03:08 | 1:03:03 | 0   |
| 15.                                           | 114 | Rose Nicholson      | Female V40    | Waveney Valley AC            | 1:03:11 | 1:03:08 | 1   |
| 16.                                           | 52  | Dave Solomon        | Male V55      | Felixstowe RRC               | 1:03:34 | 1:03:32 | 1   |
| 17.                                           | 121 | James Mallett       | Male Senior   | Kesgrave Kruisers            | 1:03:54 | 1:03:51 | 0   |
| 18.                                           | 464 | Jason Isaac Brandy  | Male V40      | Unattached                   | 1:04:03 | 1:03:59 | 0   |
| 19.                                           | 10  | Alastair Read       | Male V45      | Felixstowe RRC               | 1:04:20 | 1:04:18 | 1   |
| 20.                                           | 606 | Tom Pirkis          | Male Senior   | Unattached                   | 1:04:21 | 1:04:17 | 0   |
| 21.                                           | 40  | Hayley Magill       | Female Senior | Ipswich Jaffa RC             | 1:04:32 | 1:04:30 | 1   |
| 22.                                           | 534 | Jonathan Chapman    | Male V40      | Unattached                   | 1:04:38 | 1:04:35 | 1   |
| 23.                                           | 237 | Harley Marshall     | Male Senior   | Unattached                   | 1:04:40 | 1:04:36 | 0   |
| 24.                                           | 582 | George Barton       | Male Senior   | Unattached                   | 1:04:49 | 1:04:44 | 0   |
| 25.                                           | 192 | Steve Brooke        | Male V55      | Felixstowe RRC               | 1:05:23 | 1:05:20 | 1   |
| 26.                                           | 520 | Liam Hunn           | Male Senior   | Unattached                   | 1:05:38 | 1:05:30 | 0   |
| 27.                                           | 559 | Cavan Halley        | Male Senior   | Unattached                   | 1:05:48 | 1:05:43 | 0   |
| 28.                                           | 129 | Daisy Brooke        | Female Senior | Ipswich Jaffa RC             | 1:05:55 | 1:05:52 | 1   |
| 29.                                           | 560 | Luke Obrien         | Male Senior   | Southampton Athletic Club    | 1:06:16 | 1:06:13 | 0   |
| 30.                                           | 407 | Katie Austin        | Female V40    | Ipswich Jaffa RC             | 1:06:36 | 1:06:34 | 1   |
| 31.                                           | 465 | Sara Bird           | Female Senior | Ipswich Jaffa RC             | 1:06:41 | 1:06:39 | 1   |
| 32.                                           | 543 | Giorgio Dimuccio    | Male Senior   | Unattached                   | 1:06:50 | 1:06:45 | 0   |
| 33.                                           | 615 | Matt Adamson        | Male V40      | Ipswich Jaffa RC             | 1:07:05 | 1:06:59 | 0   |
| 34.                                           | 241 | Jan-Willem Verkaik  | Male V55      | Woodbridge Shufflers RC      | 1:07:13 | 1:07:11 | 0   |
| 35.                                           | 287 | Rosie Horsfield     | Female V40    | Ipswich Jaffa RC             | 1:07:21 | 1:07:18 | 1   |
| 36.                                           | 5   | Neil Coulson        | Male V50      | Felixstowe RRC               | 1:07:30 | 1:07:27 | 1   |
| 37.                                           | 569 | Lewis Smy           | Male Senior   | Unattached                   | 1:07:34 | 1:07:31 | 0   |
| 38.                                           | 573 | Archie Coombes      | Male Senior   | Unattached                   | 1:07:34 | 1:07:30 | 0   |
| 39.                                           | 179 | Reece Clare         | Male Senior   | BLC on the Run               | 1:07:46 | 1:07:41 | 0   |
| 40.                                           | 428 | Victoria Riches     | Female V40    | Unattached                   | 1:07:50 | 1:07:44 | 0   |
| 41.                                           | 321 | Thomas Beecroft     | Male Senior   | Framlingham Flyers           | 1:08:01 | 1:07:58 | 1   |
| 42.                                           | 459 | Steven Utteridge    | Male V45      | Unattached                   | 1:08:06 | 1:08:00 | 1   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name                  | AG            | Club                         | Gun     | Chip    | SCC |
|------|-----|-----------------------|---------------|------------------------------|---------|---------|-----|
| 43.  | 66  | Jamie Walden          | Male Senior   | Unattached                   | 1:08:09 | 1:08:04 | 1   |
| 44.  | 69  | Ryan Waters           | Male Senior   | Unattached                   | 1:08:09 | 1:08:03 | 0   |
| 45.  | 8   | Marcus Catlin         | Male V50      | Ipswich Jaffa RC             | 1:08:38 | 1:08:33 | 1   |
| 46.  | 236 | Kathy Wilson-Brown    | Female Senior | Ipswich Jaffa RC             | 1:08:48 | 1:08:45 | 1   |
| 47.  | 504 | Stuart Ward           | Male Senior   | Felixstowe RRC               | 1:09:06 | 1:08:58 | 1   |
| 48.  | 401 | John Vinecombe        | Male Senior   | Unattached                   | 1:09:09 | 1:09:06 | 0   |
| 49.  | 570 | Aidan Neale           | Male Senior   | Unattached                   | 1:09:12 | 1:09:08 | 0   |
| 50.  | 446 | Rob Anderson          | Male Senior   | Unattached                   | 1:09:16 | 1:09:12 | 0   |
| 51.  | 531 | Jason King            | Male V40      | Felixstowe RRC               | 1:09:20 | 1:09:14 | 1   |
| 52.  | 141 | Sam Baxter            | Female V40    | Felixstowe RRC               | 1:09:24 | 1:09:17 | 1   |
| 53.  | 13  | Benjamin Whiting      | Male Senior   | Ipswich Phoenix Running Club | 1:09:30 | 1:09:24 | 1   |
| 54.  | 96  | Rory Hunter           | Male Senior   | Ipswich Jaffa RC             | 1:09:38 | 1:09:34 | 1   |
| 55.  | 345 | Christopher Underwood | Male Senior   | Newmarket Joggers            | 1:09:58 | 1:09:55 | 1   |
| 56.  | 244 | Tom Taylor            | Male V60      | Unattached                   | 1:10:03 | 1:10:00 | 0   |
| 57.  | 43  | Suzy West             | Female Senior | Unattached                   | 1:10:34 | 1:10:27 | 0   |
| 58.  | 526 | Connal Griffiths      | Male V40      | Ipswich Jaffa RC             | 1:10:50 | 1:10:33 | 0   |
| 59.  | 585 | Mark Hayden           | Male V50      | Framlingham Flyers           | 1:10:56 | 1:10:34 | 0   |
| 60.  | 29  | David Bowman          | Male V40      | Unattached                   | 1:10:59 | 1:10:55 | 0   |
| 61.  | 535 | Ben Gladwell          | Male V40      | Stowmarket Striders RC       | 1:11:04 | 1:10:56 | 0   |
| 62.  | 528 | Chris Payne           | Male Senior   | Unattached                   | 1:11:10 | 1:11:03 | 0   |
| 63.  | 529 | Kieran Bleasby        | Male Senior   | Unattached                   | 1:11:10 | 1:11:03 | 0   |
| 64.  | 608 | Daryl Simpson         | Male V50      | Ipswich Jaffa RC             | 1:11:21 | 1:11:16 | 0   |
| 65.  | 361 | Andy Fryatt           | Male V55      | Newmarket Joggers            | 1:12:02 | 1:11:52 | 0   |
| 66.  | 515 | Mark Bulstrode        | Male V45      | Unattached                   | 1:12:05 | 1:11:54 | 0   |
| 67.  | 393 | Dave Groom            | Male V40      | Unattached                   | 1:12:09 | 1:11:54 | 0   |
| 68.  | 618 | Tom Gadd              | Male Senior   | Unattached                   | 1:12:12 | 1:11:52 | 0   |
| 69.  | 84  | Andy Clifton          | Male V40      | Unattached                   | 1:12:16 | 1:12:11 | 1   |
| 70.  | 426 | Jack Carpenter        | Male Senior   | Felixstowe RRC               | 1:12:21 | 1:12:13 | 0   |
| 71.  | 316 | Richard Wold          | Male V65      | Felixstowe RRC               | 1:12:31 | 1:12:25 | 1   |
| 72.  | 155 | Jonathan Allison      | Male V45      | Unattached                   | 1:12:39 | 1:12:28 | 0   |
| 73.  | 358 | Carol Carter          | Female V50    | Newmarket Joggers            | 1:12:45 | 1:12:36 | 1   |
| 74.  | 359 | Richard Defries       | Male V50      | Newmarket Joggers            | 1:12:45 | 1:12:36 | 1   |
| 75.  | 384 | Mark Hughes           | Male V50      | Unattached                   | 1:12:45 | 1:12:34 | 0   |
| 76.  | 554 | Gavin Raby            | Male V45      | Unattached                   | 1:12:48 | 1:12:42 | 0   |
| 77.  | 115 | Jason Dighton         | Male V50      | Unattached                   | 1:12:49 | 1:12:41 | 0   |
| 78.  | 506 | Andrew Chatfield      | Male V45      | Capel Cheetahs               | 1:12:58 | 1:12:37 | 0   |
| 79.  | 484 | Chris Osborne         | Male V50      | Felixstowe RRC               | 1:12:59 | 1:12:48 | 0   |
| 80.  | 35  | Lisa Briggs           | Female Senior | Great Bentley Running Club   | 1:13:04 | 1:12:54 | 0   |
| 81.  | 386 | Alan Oliver           | Male V55      | Kesgrave Kruisers            | 1:13:17 | 1:13:05 | 1   |
| 82.  | 500 | Peter Reach           | Male V40      | Unattached                   | 1:13:19 | 1:13:09 | 0   |
| 83.  | 120 | Kieran Gilbert        | Male Senior   | Unattached                   | 1:13:27 | 1:13:22 | 0   |
| 84.  | 147 | Carl Stannard         | Male V40      | Rushmere Community Runners   | 1:13:28 | 1:13:05 | 0   |
| 85.  | 15  | Kerry Buckley         | Male V55      | Felixstowe RRC               | 1:13:43 | 1:13:36 | 1   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name               | AG            | Club                       | Gun     | Chip    | SCC |
|------|-----|--------------------|---------------|----------------------------|---------|---------|-----|
| 86.  | 471 | Justin Armstrong   | Male V45      | Rushmere Community Runners | 1:13:59 | 1:13:52 | 1   |
| 87.  | 108 | Tony Hubbard       | Male V45      | Ipswich Jaffa RC           | 1:14:09 | 1:14:03 | 0   |
| 88.  | 100 | Mark Clinton       | Male V40      | Unattached                 | 1:14:11 | 1:14:02 | 0   |
| 89.  | 448 | Jack Ward          | Male Senior   | Unattached                 | 1:14:19 | 1:14:02 | 1   |
| 90.  | 508 | Andrew Cleveland   | Male V55      | Unattached                 | 1:14:36 | 1:14:32 | 0   |
| 91.  | 181 | Stephen Munnings   | Male V40      | Felixstowe RRC             | 1:14:40 | 1:14:24 | 1   |
| 92.  | 213 | Dominic Bareham    | Male V45      | Felixstowe RRC             | 1:14:42 | 1:14:33 | 0   |
| 93.  | 253 | Ricky Deasy        | Male V45      | Unattached                 | 1:14:43 | 1:14:26 | 0   |
| 94.  | 191 | Lindi Wallace      | Female V40    | Ipswich Jaffa RC           | 1:14:46 | 1:14:39 | 0   |
| 95.  | 55  | Matt Trill         | Male V50      | Ipswich Jaffa RC           | 1:15:09 | 1:14:59 | 1   |
| 96.  | 166 | Shane Flack        | Male Senior   | Kesgrave Kruisers          | 1:15:19 | 1:15:07 | 0   |
| 97.  | 493 | Sam Linassi        | Female V45    | Felixstowe RRC             | 1:15:47 | 1:15:39 | 1   |
| 98.  | 77  | Alexander Smith    | Male V45      | Unattached                 | 1:15:48 | 1:15:40 | 0   |
| 99.  | 206 | Barry Hawtin       | Male V40      | Felixstowe RRC             | 1:15:56 | 1:15:40 | 1   |
| 100. | 161 | Josh Day           | Male Senior   | Unattached                 | 1:15:58 | 1:15:54 | 0   |
| 101. | 363 | James Thomson      | Male Senior   | Newmarket Joggers          | 1:16:03 | 1:15:53 | 1   |
| 102. | 270 | Ben Jackson        | Male Senior   | Felixstowe RRC             | 1:16:04 | 1:15:55 | 0   |
| 103. | 452 | Wilfred Campbell   | Male V60      | Ipswich Jaffa RC           | 1:16:07 | 1:16:05 | 0   |
| 104. | 478 | Colin Ellis        | Male V55      | Kesgrave Kruisers          | 1:16:15 | 1:16:06 | 0   |
| 105. | 182 | John Chapman       | Male V65      | Stopsley Striders          | 1:16:23 | 1:16:15 | 0   |
| 106. | 319 | Steve Swan         | Male Senior   | East London Runners        | 1:16:36 | 1:16:29 | 0   |
| 107. | 22  | Peter Garry        | Male Senior   | Unattached                 | 1:16:39 | 1:16:25 | 0   |
| 108. | 564 | Jordan Last        | Male Senior   | Unattached                 | 1:16:42 | 1:16:37 | 1   |
| 109. | 271 | Micheal Tween      | Male Senior   | Unattached                 | 1:17:00 | 1:16:32 | 0   |
| 110. | 18  | Robin Harper       | Male V45      | Felixstowe RRC             | 1:17:05 | 1:16:59 | 1   |
| 111. | 124 | Emma Keen          | Female Senior | Felixstowe RRC             | 1:17:05 | 1:16:57 | 1   |
| 112. | 257 | Luke Jones         | Male V40      | Unattached                 | 1:17:15 | 1:17:10 | 0   |
| 113. | 45  | Amanda Mortimer    | Female V40    | Ipswich Jaffa RC           | 1:17:20 | 1:17:13 | 1   |
| 114. | 408 | Daniel David Smith | Male Senior   | Unattached                 | 1:17:24 | 1:17:20 | 0   |
| 115. | 423 | Mark Flatman       | Male V50      | Ipswich Triathlon Club     | 1:17:25 | 1:17:04 | 1   |
| 116. | 190 | Steven Coleman     | Male V55      | Unattached                 | 1:17:29 | 1:16:49 | 0   |
| 117. | 502 | Warren Birch       | Male V55      | Ipswich Triathlon Club     | 1:17:39 | 1:17:27 | 1   |
| 118. | 198 | Ben Charles        | Male Senior   | Unattached                 | 1:17:41 | 1:17:25 | 0   |
| 119. | 123 | Darin Osborne      | Male V55      | Rushmere Community Runners | 1:17:43 | 1:17:37 | 0   |
| 120. | 86  | Mark Goodwin       | Male V50      | Felixstowe RRC             | 1:17:45 | 1:17:36 | 0   |
| 121. | 97  | Mark Holland       | Male V50      | Kesgrave Kruisers          | 1:17:48 | 1:17:36 | 0   |
| 122. | 118 | James Cornish      | Male V45      | Kesgrave Kruisers          | 1:17:48 | 1:17:36 | 1   |
| 123. | 116 | Tom Stephens       | Male V55      | Felixstowe RRC             | 1:17:52 | 1:17:43 | 1   |
| 124. | 438 | Nigel Barnes       | Male V55      | Vegan Runners UK           | 1:17:54 | 1:17:42 | 0   |
| 125. | 275 | Luke Arkle         | Male Senior   | Unattached                 | 1:18:07 | 1:17:42 | 0   |
| 126. | 439 | Caroline Jeggo     | Female V45    | Unattached                 | 1:18:07 | 1:17:43 | 0   |
| 127. | 605 | Ben Fletcher       | Male Senior   | Unattached                 | 1:18:16 | 1:17:57 | 0   |
| 128. | 405 | Andrew Cubitt      | Male Senior   | Unattached                 | 1:18:22 | 1:17:53 | 0   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name                | AG            | Club                     | Gun     | Chip    | SCC |
|------|-----|---------------------|---------------|--------------------------|---------|---------|-----|
| 129. | 571 | Peter Gray          | Male V50      | Framlingham Flyers       | 1:18:35 | 1:18:21 | 0   |
| 130. | 485 | James Fell          | Male Senior   | Unattached               | 1:18:38 | 1:18:24 | 0   |
| 131. | 581 | Paul Kettridge      | Male V45      | Fordy Runs Running Club  | 1:18:42 | 1:18:25 | 0   |
| 132. | 50  | Adrian Peake        | Male V60      | Ipswich Jaffa RC         | 1:18:49 | 1:18:31 | 0   |
| 133. | 621 | Raymond Mooney      | Male V50      | Haverhill Running Club   | 1:18:50 | 1:18:24 | 0   |
| 134. | 532 | Andrew Ward         | Male V55      | Saint Edmund Pacers      | 1:18:53 | 1:18:48 | 1   |
| 135. | 622 | Alex Creasy         | Male V50      | Haverhill Running Club   | 1:18:56 | 1:18:20 | 0   |
| 136. | 421 | Graham Bladen       | Male V40      | Unattached               | 1:18:57 | 1:18:42 | 0   |
| 137. | 169 | Tom Walker          | Male V50      | Woodbridge Shufflers RC  | 1:19:05 | 1:18:52 | 0   |
| 138. | 385 | Ian McDermott       | Male V60      | Ipswich Jaffa RC         | 1:19:06 | 1:18:12 | 0   |
| 139. | 587 | Mark Lewis          | Male V50      | Saint Edmund Pacers      | 1:19:10 | 1:19:05 | 0   |
| 140. | 498 | Dave Howgego        | Male V55      | Woodbridge Shufflers RC  | 1:19:14 | 1:18:56 | 0   |
| 141. | 219 | Tom Aykroyd         | Male V45      | Felixstowe RRC           | 1:19:16 | 1:19:07 | 1   |
| 142. | 188 | Katarzyna Dabrowska | Female V40    | Capel Cheetahs           | 1:19:22 | 1:19:01 | 1   |
| 143. | 551 | Adam Buckle         | Male V40      | Unattached               | 1:19:24 | 1:19:01 | 1   |
| 144. | 523 | Andy Cox            | Male V55      | Unattached               | 1:19:24 | 1:19:10 | 0   |
| 145. | 429 | Matt Saunders       | Male V45      | Felixstowe RRC           | 1:19:36 | 1:19:18 | 1   |
| 146. | 555 | Gavin Coleman       | Male V45      | Unattached               | 1:19:39 | 1:19:30 | 0   |
| 147. | 595 | Liam Chinery        | Male Senior   | Unattached               | 1:19:40 | 1:19:33 | 0   |
| 148. | 483 | Chay Hathway        | Male Senior   | Unattached               | 1:19:40 | 1:19:33 | 0   |
| 149. | 136 | Gareth Davey        | Male Senior   | Bishops Stortford RC     | 1:19:51 | 1:19:27 | 0   |
| 150. | 472 | Harry Grimsey       | Male Senior   | Cambridge & Coleridge AC | 1:19:52 | 1:19:42 | 1   |
| 151. | 476 | Nicola Freeth       | Female Senior | Unattached               | 1:20:13 | 1:20:06 | 0   |
| 152. | 207 | Gary Godfrey        | Male V60      | Sudbury Joggers          | 1:20:13 | 1:19:35 | 0   |
| 153. | 366 | Veronique Inizan    | Female V50    | Framlingham Flyers       | 1:20:27 | 1:19:59 | 0   |
| 154. | 533 | Adam Boyle          | Male V55      | Woodbridge Shufflers RC  | 1:20:28 | 1:20:10 | 0   |
| 155. | 304 | Paul Stone          | Male V50      | Felixstowe RRC           | 1:20:37 | 1:20:24 | 1   |
| 156. | 95  | Stuart Mason        | Male V60      | Felixstowe RRC           | 1:20:47 | 1:20:32 | 1   |
| 157. | 71  | Hannah Last         | Female Senior | Unattached               | 1:20:50 | 1:20:35 | 0   |
| 158. | 6   | Craig Leech         | Male Senior   | Unattached               | 1:20:53 | 1:20:12 | 0   |
| 159. | 133 | Rob Smith           | Male V45      | Unattached               | 1:20:54 | 1:20:31 | 0   |
| 160. | 530 | Emily Spence        | Female Senior | Ipswich Triathlon Club   | 1:21:00 | 1:20:26 | 1   |
| 161. | 494 | Lydia Kindred       | Female V40    | Vegan Runners UK         | 1:21:06 | 1:20:57 | 1   |
| 162. | 178 | Megan Rea           | Female Senior | Woodbridge Shufflers RC  | 1:21:07 | 1:20:49 | 0   |
| 163. | 519 | Andrew Gemmell      | Male V55      | Unattached               | 1:21:10 | 1:20:40 | 0   |
| 164. | 583 | Finn Gemmell        | Male Senior   | Unattached               | 1:21:10 | 1:20:41 | 0   |
| 165. | 156 | Matthew Wright      | Male V40      | Dulwich Runners AC       | 1:21:15 | 1:20:27 | 0   |
| 166. | 81  | Owen Clarkson       | Male Senior   | Unattached               | 1:21:20 | 1:21:14 | 0   |
| 167. | 350 | Lewis Grant         | Male V50      | Unattached               | 1:21:23 | 1:21:07 | 0   |
| 168. | 142 | Elliot Heaton       | Male Senior   | Unattached               | 1:21:28 | 1:20:40 | 0   |
| 169. | 290 | Joe Smith           | Male Senior   | Unattached               | 1:21:36 | 1:21:07 | 0   |
| 170. | 211 | Bryan Wybrow        | Male V40      | Felixstowe RRC           | 1:21:48 | 1:21:32 | 0   |
| 171. | 344 | Mark Sadler         | Male V40      | Felixstowe RRC           | 1:21:55 | 1:21:39 | 0   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name                  | AG            | Club                         | Gun     | Chip    | SCC |
|------|-----|-----------------------|---------------|------------------------------|---------|---------|-----|
| 172. | 562 | George Madgwick       | Male Senior   | Unattached                   | 1:21:56 | 1:21:47 | 1   |
| 173. | 214 | Ross Rands            | Male Senior   | Felixstowe RRC               | 1:21:56 | 1:21:44 | 0   |
| 174. | 435 | Shaun Kavanagh        | Male V50      | Unattached                   | 1:21:57 | 1:21:49 | 0   |
| 175. | 144 | Carl Bergdahl         | Male V55      | Ipswich Jaffa RC             | 1:21:59 | 1:21:49 | 1   |
| 176. | 375 | Richard Utteridge     | Male V50      | Unattached                   | 1:22:13 | 1:21:57 | 1   |
| 177. | 4   | Lisa Clarke           | Female Senior | Ipswich Jaffa RC             | 1:22:13 | 1:21:54 | 1   |
| 178. | 589 | David Masters         | Male V40      | Felixstowe RRC               | 1:22:17 | 1:22:01 | 0   |
| 179. | 300 | Natasha Smith         | Female Senior | Ipswich Jaffa RC             | 1:22:27 | 1:22:12 | 1   |
| 180. | 488 | Kevin McMorro         | Male V50      | Unattached                   | 1:22:42 | 1:22:28 | 0   |
| 181. | 117 | Jason Walne           | Male V55      | Unattached                   | 1:23:05 | 1:22:55 | 0   |
| 182. | 338 | Steven Finch          | Male Senior   | Unattached                   | 1:23:06 | 1:23:02 | 1   |
| 183. | 110 | Adam Cook             | Male V40      | Unattached                   | 1:23:08 | 1:22:46 | 0   |
| 184. | 437 | James Wood            | Male V60      | Unattached                   | 1:23:10 | 1:22:59 | 0   |
| 185. | 406 | Georgia Humphreys     | Female Senior | Ipswich Jaffa RC             | 1:23:12 | 1:23:08 | 0   |
| 186. | 233 | Neil Dennis           | Male V40      | Stowmarket Striders RC       | 1:23:15 | 1:22:49 | 1   |
| 187. | 391 | Mark Leaford          | Male V45      | Unattached                   | 1:23:16 | 1:22:54 | 0   |
| 188. | 215 | Andrew Anderson Hurst | Male V40      | Kesgrave Kruisers            | 1:23:23 | 1:23:14 | 1   |
| 189. | 597 | Adam Brown            | Male Senior   | Unattached                   | 1:23:24 | 1:22:54 | 0   |
| 190. | 509 | Jamie Bennett         | Male V45      | Ipswich Jaffa RC             | 1:23:24 | 1:23:10 | 0   |
| 191. | 92  | Malcolm Ward Ashton   | Male V55      | Unattached                   | 1:23:24 | 1:22:55 | 0   |
| 192. | 85  | Amy Coughlan          | Female Senior | Unattached                   | 1:23:24 | 1:22:55 | 0   |
| 193. | 310 | Luz Chavez            | Female V40    | Ipswich Jaffa RC             | 1:23:37 | 1:23:25 | 1   |
| 194. | 349 | John Winter           | Male Senior   | Felixstowe RRC               | 1:23:38 | 1:23:23 | 1   |
| 195. | 126 | Debbie Catling        | Female V55    | Felixstowe RRC               | 1:23:49 | 1:23:22 | 1   |
| 196. | 612 | Andy Metcalfe         | Male V50      | Felixstowe RRC               | 1:23:59 | 1:23:45 | 0   |
| 197. | 477 | Billy Richmond        | Male V55      | Unattached                   | 1:24:04 | 1:24:01 | 0   |
| 198. | 602 | Laura Read            | Female V40    | Ipswich Jaffa RC             | 1:24:08 | 1:24:01 | 0   |
| 199. | 157 | Sandra Roberts        | Female V65    | Ipswich Jaffa RC             | 1:24:08 | 1:23:52 | 1   |
| 200. | 499 | Amanda Smith          | Female V50    | Woodbridge Shufflers RC      | 1:24:13 | 1:23:56 | 0   |
| 201. | 503 | Deb Ching             | Female V50    | Capel Cheetahs               | 1:24:22 | 1:24:02 | 1   |
| 202. | 254 | Karen Deasy           | Female V45    | Unattached                   | 1:24:27 | 1:24:09 | 0   |
| 203. | 491 | Crystal Murray        | Female Senior | Hadleigh Hares AC            | 1:24:38 | 1:24:19 | 1   |
| 204. | 172 | Adrian Goode          | Male V60      | Felixstowe RRC               | 1:24:41 | 1:24:26 | 1   |
| 205. | 379 | Craig Starling        | Male Senior   | Unattached                   | 1:24:43 | 1:24:29 | 0   |
| 206. | 282 | Eilish Tierney        | Female Senior | Unattached                   | 1:24:43 | 1:24:29 | 0   |
| 207. | 394 | Chloe Neall           | Female Senior | Woodbridge Shufflers RC      | 1:24:44 | 1:24:31 | 1   |
| 208. | 611 | Aidan Reilly          | Male Senior   | Unattached                   | 1:24:45 | 1:24:25 | 0   |
| 209. | 53  | Rachel Southgate      | Female V40    | Unattached                   | 1:24:45 | 1:24:18 | 0   |
| 210. | 312 | Alec Wright           | Male V45      | Ipswich Phoenix Running Club | 1:24:46 | 1:24:18 | 1   |
| 211. | 243 | Bethany Johnson       | Female Senior | Unattached                   | 1:24:52 | 1:24:49 | 0   |
| 212. | 487 | Jacob Cooper          | Male Senior   | Unattached                   | 1:24:53 | 1:24:43 | 0   |
| 213. | 427 | Samantha Fulcher      | Female V55    | Felixstowe RRC               | 1:24:55 | 1:24:28 | 1   |
| 214. | 139 | Robert Walker         | Male V60      | Felixstowe RRC               | 1:24:56 | 1:24:46 | 1   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name               | AG            | Club                                | Gun     | Chip    | SCC |
|------|-----|--------------------|---------------|-------------------------------------|---------|---------|-----|
| 215. | 201 | Alice Meadows      | Female Senior | Felixstowe RRC                      | 1:24:58 | 1:24:20 | 0   |
| 216. | 26  | Jon Summers        | Male Senior   | Ipswich Jaffa RC                    | 1:24:59 | 1:24:49 | 0   |
| 217. | 184 | Fiona Hunt         | Female V50    | Kesgrave Kruisers                   | 1:25:04 | 1:24:46 | 1   |
| 218. | 546 | Wesley Yardley     | Male V45      | Unattached                          | 1:25:06 | 1:24:58 | 0   |
| 219. | 616 | Paul Connick       | Male Senior   | Framlingham Flyers                  | 1:25:10 | 1:24:38 | 0   |
| 220. | 536 | Geraldine Clifford | Female V45    | Unattached                          | 1:25:10 | 1:24:59 | 0   |
| 221. | 11  | Rachel Brooke      | Female V50    | Ipswich Jaffa RC                    | 1:25:16 | 1:25:05 | 1   |
| 222. | 436 | Mark Foulkes       | Male V50      | Kesgrave Kruisers                   | 1:25:17 | 1:25:04 | 0   |
| 223. | 65  | Doug Betts         | Male V45      | Unattached                          | 1:25:18 | 1:24:53 | 0   |
| 224. | 527 | Aaron Jones        | Male Senior   | Unattached                          | 1:25:19 | 1:24:47 | 1   |
| 225. | 33  | Brett Martin       | Male V50      | Kesgrave Kruisers                   | 1:25:20 | 1:25:06 | 0   |
| 226. | 617 | Helen Findley      | Female V45    | Kesgrave Kruisers                   | 1:25:21 | 1:25:09 | 0   |
| 227. | 326 | John Askew         | Male V40      | Felixstowe RRC                      | 1:25:31 | 1:25:15 | 0   |
| 228. | 260 | James Wright       | Male Senior   | Lonely Goat RC                      | 1:25:41 | 1:25:19 | 1   |
| 229. | 414 | Emily Barker       | Female Senior | Unattached                          | 1:25:54 | 1:25:41 | 1   |
| 230. | 412 | Laura Hall         | Female Senior | Unattached                          | 1:25:57 | 1:25:44 | 0   |
| 231. | 451 | Sean Brownell      | Male V40      | Unattached                          | 1:26:02 | 1:25:29 | 0   |
| 232. | 625 | Dylan Potter       | Male Senior   | Unattached                          | 1:26:02 | 1:25:25 | 0   |
| 233. | 433 | Catherine Hughes   | Female V40    | Unattached                          | 1:26:09 | 1:25:47 | 0   |
| 234. | 590 | Andrew Daniels     | Male Senior   | Unattached                          | 1:26:16 | 1:25:38 | 0   |
| 235. | 579 | Adam Dunnett       | Male V45      | Unattached                          | 1:26:19 | 1:25:58 | 0   |
| 236. | 36  | Terence Dean       | Male Senior   | Unattached                          | 1:26:22 | 1:25:50 | 0   |
| 237. | 341 | Ruth Goodchild     | Female V45    | Unattached                          | 1:26:25 | 1:26:09 | 0   |
| 238. | 521 | Martin Jarvis      | Male V50      | Unattached                          | 1:26:27 | 1:26:15 | 1   |
| 239. | 185 | Calum Harris       | Male Senior   | Unattached                          | 1:26:38 | 1:26:33 | 1   |
| 240. | 601 | Peter Hopson       | Male V55      | Unattached                          | 1:26:42 | 1:26:30 | 0   |
| 241. | 460 | Paul Hubert        | Male V45      | Unattached                          | 1:26:47 | 1:26:19 | 0   |
| 242. | 88  | Mel Goodchild      | Female Senior | Felixstowe RRC                      | 1:27:05 | 1:26:50 | 0   |
| 243. | 354 | Alexandra Carr     | Female V40    | Unattached                          | 1:27:09 | 1:26:44 | 0   |
| 244. | 9   | Rosie Ovel         | Female Senior | Fordy Runs Running Club             | 1:27:10 | 1:26:50 | 0   |
| 245. | 449 | Alex Ashton        | Male V50      | Haverhill Running Club              | 1:27:11 | 1:26:45 | 0   |
| 246. | 41  | Heather Bush       | Female V50    | Unattached                          | 1:27:11 | 1:26:44 | 1   |
| 247. | 74  | Claire Trott       | Female V45    | Unattached                          | 1:27:11 | 1:26:45 | 0   |
| 248. | 572 | Anita Ward         | Female V55    | Saint Edmund Pacers                 | 1:27:25 | 1:27:21 | 0   |
| 249. | 325 | Paul Brand         | Male V40      | Unattached                          | 1:27:32 | 1:27:26 | 0   |
| 250. | 387 | Lee Briers         | Male V40      | Unattached                          | 1:27:36 | 1:27:17 | 0   |
| 251. | 226 | Roger Taylor       | Male V50      | Unattached                          | 1:27:52 | 1:27:41 | 0   |
| 252. | 369 | Holly Baker        | Female Senior | Unattached                          | 1:27:52 | 1:27:06 | 1   |
| 253. | 443 | John Smith         | Male Senior   | Unattached                          | 1:27:52 | 1:27:06 | 0   |
| 254. | 594 | Emilia Oxborrow    | Female Senior | Kesgrave Kruisers                   | 1:27:53 | 1:27:32 | 0   |
| 255. | 434 | Adam Brown         | Male Senior   | Unattached                          | 1:27:54 | 1:27:40 | 1   |
| 256. | 150 | Dave Robbie        | Male V65      | Saxmundham Sports Running & Fitness | 1:28:06 | 1:27:59 | 1   |
| 257. | 292 | Jim Briers         | Male V60      | Unattached                          | 1:28:07 | 1:27:48 | 0   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name               | AG            | Club                         | Gun     | Chip    | SCC |
|------|-----|--------------------|---------------|------------------------------|---------|---------|-----|
| 258. | 624 | Alex Steward       | Male Senior   | Ipswich Jaffa RC             | 1:28:16 | 1:28:02 | 0   |
| 259. | 293 | Scott Best         | Male V50      | Unattached                   | 1:28:18 | 1:27:55 | 0   |
| 260. | 324 | Lewis Osborne      | Male Senior   | Unattached                   | 1:28:21 | 1:27:43 | 1   |
| 261. | 307 | Richard Hursthouse | Male V50      | Stowmarket Striders RC       | 1:28:25 | 1:28:02 | 1   |
| 262. | 351 | Matt Slocombe      | Male V40      | Unattached                   | 1:28:39 | 1:28:09 | 1   |
| 263. | 346 | Andy McKeague      | Male Senior   | Newmarket Joggers            | 1:28:40 | 1:27:57 | 0   |
| 264. | 7   | Mark Skinner       | Male V55      | Unattached                   | 1:28:44 | 1:28:19 | 0   |
| 265. | 113 | David Robinson     | Male V50      | Rushmere Community Runners   | 1:28:44 | 1:28:20 | 0   |
| 266. | 301 | Craig Osborn       | Male V65      | Unattached                   | 1:28:44 | 1:27:59 | 0   |
| 267. | 51  | Rob Taylor         | Male Senior   | Unattached                   | 1:28:59 | 1:28:26 | 0   |
| 268. | 68  | Gerry McCarthy     | Male V70+     | Ipswich Phoenix Running Club | 1:29:03 | 1:28:39 | 0   |
| 269. | 103 | Garry Macdonald    | Male V55      | Felixstowe RRC               | 1:29:04 | 1:28:42 | 1   |
| 270. | 356 | Pat Morgan         | Male V70+     | Ipswich Triathlon Club       | 1:29:06 | 1:28:27 | 1   |
| 271. | 231 | Justin Fletcher    | Male V45      | Unattached                   | 1:29:22 | 1:28:35 | 0   |
| 272. | 122 | Christy Fenelon    | Male V40      | Rushmere Community Runners   | 1:29:45 | 1:29:38 | 0   |
| 273. | 125 | Marcus Brown       | Male V50      | Rushmere Community Runners   | 1:29:45 | 1:29:38 | 0   |
| 274. | 274 | Lee Clark          | Male V60      | Unattached                   | 1:29:56 | 1:29:23 | 0   |
| 275. | 578 | Lauren Best        | Female Senior | Unattached                   | 1:30:11 | 1:29:47 | 0   |
| 276. | 510 | Marion Bennett     | Female V45    | Ipswich Jaffa RC             | 1:30:15 | 1:30:01 | 0   |
| 277. | 479 | Frank Moggan       | Male V70+     | Stowmarket Striders RC       | 1:30:28 | 1:30:05 | 1   |
| 278. | 388 | Mollie Wright      | Female Senior | Ipswich Jaffa RC             | 1:30:32 | 1:30:05 | 1   |
| 279. | 399 | Darren Wright      | Male V55      | Gloucester AC                | 1:30:32 | 1:30:04 | 1   |
| 280. | 425 | Sophie Rudd        | Female Senior | Unattached                   | 1:30:42 | 1:30:12 | 0   |
| 281. | 374 | Bradley Guyon      | Male V55      | Unattached                   | 1:31:01 | 1:30:50 | 0   |
| 282. | 373 | Kelly Guyon        | Female V45    | Unattached                   | 1:31:01 | 1:30:50 | 0   |
| 283. | 163 | Alison Goodwin     | Female V50    | Haverhill Running Club       | 1:31:02 | 1:30:34 | 0   |
| 284. | 568 | Enza Gambin        | Female V40    | Haverhill Running Club       | 1:31:02 | 1:30:35 | 0   |
| 285. | 170 | Katharine Lay      | Female V55    | Dragons Running Club (Sale)  | 1:31:06 | 1:30:44 | 0   |
| 286. | 44  | Katie Peake        | Female Senior | Ipswich Jaffa RC             | 1:31:11 | 1:30:59 | 0   |
| 287. | 381 | Lewis Leggett      | Male Senior   | Unattached                   | 1:31:11 | 1:30:25 | 0   |
| 288. | 380 | Darcey Graham      | Female Senior | Unattached                   | 1:31:19 | 1:30:33 | 0   |
| 289. | 392 | Siobhan Smith      | Female Senior | Unattached                   | 1:31:33 | 1:31:10 | 1   |
| 290. | 138 | Mark Farrow        | Male V45      | Felixstowe RRC               | 1:31:38 | 1:31:00 | 0   |
| 291. | 168 | Andrew Smith       | Male V40      | Unattached                   | 1:31:43 | 1:31:23 | 0   |
| 292. | 390 | Chris Smith        | Male Senior   | Unattached                   | 1:32:03 | 1:31:40 | 0   |
| 293. | 466 | Phil Davies        | Male V60      | Ipswich Jaffa RC             | 1:32:04 | 1:31:52 | 0   |
| 294. | 538 | Seamus Bennett     | Male V60      | Felixstowe RRC               | 1:32:08 | 1:31:29 | 1   |
| 295. | 99  | Clare Moodie       | Female V45    | Framlingham Flyers           | 1:32:08 | 1:31:45 | 1   |
| 296. | 512 | John Angel         | Male V45      | Unattached                   | 1:32:10 | 1:31:23 | 0   |
| 297. | 607 | Michael Mckinnell  | Male V70+     | Unattached                   | 1:32:11 | 1:31:44 | 0   |
| 298. | 134 | Clare Cornish      | Female V55    | Unattached                   | 1:32:20 | 1:31:33 | 0   |
| 299. | 39  | Kayleigh Turpin    | Female Senior | Felixstowe RRC               | 1:32:29 | 1:32:01 | 1   |
| 300. | 496 | Neil Quarton       | Male V55      | Unattached                   | 1:32:33 | 1:32:04 | 0   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name                | AG            | Club                         | Gun     | Chip    | SCC |
|------|-----|---------------------|---------------|------------------------------|---------|---------|-----|
| 301. | 419 | Vanessa Thorpe      | Female V50    | Ipswich Triathlon Club       | 1:32:36 | 1:32:15 | 1   |
| 302. | 370 | Angus Crosbie       | Male Senior   | Unattached                   | 1:32:48 | 1:32:01 | 1   |
| 303. | 70  | Terri Green         | Female V40    | Ipswich Jaffa RC             | 1:32:52 | 1:32:33 | 1   |
| 304. | 576 | Adam Kettle         | Male V45      | Unattached                   | 1:32:53 | 1:32:29 | 0   |
| 305. | 492 | Tayne Eaton         | Female Senior | Unattached                   | 1:32:53 | 1:32:23 | 0   |
| 306. | 357 | Michaela Ames       | Female Senior | Ipswich Jaffa RC             | 1:32:55 | 1:32:37 | 0   |
| 307. | 196 | Harry Bergdahl      | Male Senior   | Unattached                   | 1:32:56 | 1:32:45 | 0   |
| 308. | 420 | Sean Dickinson      | Male V50      | Felixstowe RRC               | 1:33:07 | 1:32:33 | 0   |
| 309. | 468 | Bethany Foster      | Female Senior | Unattached                   | 1:33:13 | 1:32:46 | 0   |
| 310. | 470 | Ben Lloyd           | Male Senior   | Unattached                   | 1:33:13 | 1:32:46 | 0   |
| 311. | 277 | Maisie Wilcox       | Female Senior | Unattached                   | 1:33:39 | 1:33:18 | 0   |
| 312. | 273 | Paul Seaman         | Male V60      | Unattached                   | 1:33:48 | 1:32:56 | 0   |
| 313. | 72  | Kellie Garrod       | Female V40    | Haverhill Running Club       | 1:33:55 | 1:33:28 | 0   |
| 314. | 212 | Rebecca-Ann         | Female Senior | Kesgrave Kruisers            | 1:33:59 | 1:33:36 | 0   |
| 315. | 318 | John Cullinane      | Male V55      | Unattached                   | 1:34:03 | 1:33:31 | 0   |
| 316. | 475 | Claire Rowbotham    | Female V45    | Unattached                   | 1:34:05 | 1:33:45 | 0   |
| 317. | 111 | James Mears         | Male V60      | Haverhill Running Club       | 1:34:08 | 1:33:34 | 0   |
| 318. | 109 | Karen Thorndyke     | Female V45    | Unattached                   | 1:34:49 | 1:34:25 | 1   |
| 319. | 235 | Simon Self          | Male V55      | Unattached                   | 1:35:10 | 1:34:32 | 0   |
| 320. | 73  | Graham Styles       | Male V65      | Unattached                   | 1:35:13 | 1:34:57 | 0   |
| 321. | 296 | Lottie Powell       | Female Senior | Unattached                   | 1:35:15 | 1:34:44 | 0   |
| 322. | 288 | Bethany Hurry       | Female Senior | Unattached                   | 1:35:15 | 1:34:45 | 0   |
| 323. | 469 | Sam Hardwick        | Male Senior   | Stowmarket Striders RC       | 1:35:21 | 1:34:58 | 0   |
| 324. | 566 | Kirsty Frith        | Female Senior | Unattached                   | 1:35:26 | 1:34:59 | 0   |
| 325. | 563 | Sammie Farley       | Female Senior | Unattached                   | 1:35:30 | 1:34:46 | 0   |
| 326. | 60  | Rowena Brennan      | Female Senior | Unattached                   | 1:35:34 | 1:34:49 | 0   |
| 327. | 12  | Leanne Ashdown      | Female V40    | Felixstowe RRC               | 1:35:35 | 1:35:03 | 0   |
| 328. | 82  | Kate Hutson         | Female V45    | Ipswich Jaffa RC             | 1:35:36 | 1:35:16 | 1   |
| 329. | 176 | Connie Rutterford   | Female Senior | Unattached                   | 1:35:46 | 1:35:25 | 0   |
| 330. | 175 | Kirsty Aberdein     | Female V50    | Unattached                   | 1:35:46 | 1:35:25 | 0   |
| 331. | 467 | Martin Spilsted     | Male V50      | Rushmere Community Runners   | 1:35:46 | 1:35:35 | 0   |
| 332. | 180 | David Watkins       | Male V40      | Unattached                   | 1:35:59 | 1:35:49 | 0   |
| 333. | 194 | Catherine Hubbard   | Female V45    | Unattached                   | 1:36:05 | 1:35:29 | 0   |
| 334. | 91  | Louise Riddleston   | Female V45    | Unattached                   | 1:36:05 | 1:35:46 | 0   |
| 335. | 545 | Cathy Casement      | Female Senior | Unattached                   | 1:36:10 | 1:35:19 | 1   |
| 336. | 48  | Garry Venn          | Male V60      | Unattached                   | 1:36:11 | 1:36:02 | 0   |
| 337. | 17  | Lydia Foy           | Female V50    | Unattached                   | 1:36:19 | 1:36:10 | 0   |
| 338. | 352 | Dan Freeman         | Male V40      | Unattached                   | 1:36:25 | 1:36:01 | 0   |
| 339. | 311 | Jennifer Wright     | Female V45    | Ipswich Phoenix Running Club | 1:36:30 | 1:36:03 | 1   |
| 340. | 372 | Bridget Wallwin     | Female V55    | Newmarket Joggers            | 1:36:30 | 1:36:21 | 0   |
| 341. | 299 | Simon Hoyle         | Male V55      | Kesgrave Kruisers            | 1:36:32 | 1:36:10 | 0   |
| 342. | 362 | Francine Dasseville | Female V50    | Newmarket Joggers            | 1:36:32 | 1:36:23 | 0   |
| 343. | 382 | Thomas Gunson       | Male V40      | Unattached                   | 1:36:37 | 1:36:03 | 1   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name                     | AG            | Club                         | Gun     | Chip    | SCC |
|------|-----|--------------------------|---------------|------------------------------|---------|---------|-----|
| 344. | 280 | Robert Simpson           | Male V45      | Unattached                   | 1:36:38 | 1:36:02 | 0   |
| 345. | 281 | Rebecca Harling          | Female V40    | Unattached                   | 1:36:38 | 1:36:02 | 0   |
| 346. | 482 | Craig Evans              | Male Senior   | Unattached                   | 1:36:40 | 1:36:03 | 0   |
| 347. | 105 | Paul Causon              | Male V50      | Unattached                   | 1:36:40 | 1:36:02 | 0   |
| 348. | 276 | James Wilcox Wilcox      | Male V50      | Unattached                   | 1:36:43 | 1:36:22 | 0   |
| 349. | 160 | Lee Stephenson           | Male V50      | Rushmere Community Runners   | 1:36:45 | 1:36:32 | 0   |
| 350. | 16  | Adam Chappell            | Male Senior   | Unattached                   | 1:36:47 | 1:36:30 | 0   |
| 351. | 283 | Kaye Stone               | Female V45    | Unattached                   | 1:36:48 | 1:36:35 | 1   |
| 352. | 418 | Nikki Elliott            | Female Senior | Unattached                   | 1:36:58 | 1:36:29 | 0   |
| 353. | 586 | Harriett Wragg           | Female Senior | Unattached                   | 1:37:01 | 1:36:11 | 0   |
| 354. | 317 | Poppy Kettlewell         | Female Senior | Unattached                   | 1:37:01 | 1:36:11 | 0   |
| 355. | 76  | Sofia Brown              | Female V40    | Haverhill Running Club       | 1:37:06 | 1:36:39 | 0   |
| 356. | 342 | Richard Attwell          | Male V50      | Stowmarket Striders RC       | 1:37:15 | 1:36:59 | 0   |
| 357. | 343 | Jayne Attwell            | Female V50    | Stowmarket Striders RC       | 1:37:15 | 1:36:59 | 0   |
| 358. | 507 | Emma Cleveland           | Female V45    | Unattached                   | 1:37:17 | 1:37:12 | 0   |
| 359. | 153 | Ivana Lessner Listiakova | Female Senior | Felixstowe RRC               | 1:37:33 | 1:37:19 | 0   |
| 360. | 54  | Sharon Bolton            | Female V45    | Unattached                   | 1:37:41 | 1:37:10 | 0   |
| 361. | 119 | Graham Brumpton          | Male V50      | Ipswich Phoenix Running Club | 1:37:44 | 1:37:30 | 0   |
| 362. | 165 | Sophie Bell              | Female Senior | Ipswich Phoenix Running Club | 1:37:44 | 1:37:30 | 1   |
| 363. | 614 | Owen Moody               | Male V50      | Unattached                   | 1:37:45 | 1:37:31 | 0   |
| 364. | 20  | Lizzie Woldsmith         | Female Senior | Ipswich Phoenix Running Club | 1:37:45 | 1:37:31 | 0   |
| 365. | 395 | Gary Taylor              | Male V60      | Unattached                   | 1:37:46 | 1:37:02 | 0   |
| 366. | 461 | James Wythe              | Male Senior   | Unattached                   | 1:37:56 | 1:37:28 | 0   |
| 367. | 19  | Ross Ovel                | Male V45      | Unattached                   | 1:37:57 | 1:37:19 | 0   |
| 368. | 332 | Mark Harris              | Male V55      | Kesgrave Kruisers            | 1:37:59 | 1:37:48 | 1   |
| 369. | 331 | Helen Harris             | Female V40    | Kesgrave Kruisers            | 1:37:59 | 1:37:49 | 1   |
| 370. | 631 | Kevin Scott              | Male V60      | Rushmere Community Runners   | 1:38:16 | 1:37:28 | 0   |
| 371. | 400 | Ben Pooley               | Male Senior   | Unattached                   | 1:38:16 | 1:37:35 | 0   |
| 372. | 47  | Louise Curtis            | Female V50    | Vegan Runners UK             | 1:38:22 | 1:38:19 | 1   |
| 373. | 314 | Jan Holmes               | Female V60    | Newmarket Joggers            | 1:38:22 | 1:38:06 | 1   |
| 374. | 127 | Anika Balfe              | Female V45    | Rushmere Community Runners   | 1:38:23 | 1:38:10 | 0   |
| 375. | 440 | Emma Lawer               | Female V50    | Unattached                   | 1:38:23 | 1:38:11 | 0   |
| 376. | 246 | Tessa Sewell             | Female Senior | Rushmere Community Runners   | 1:38:23 | 1:38:11 | 0   |
| 377. | 56  | Louise Ramsay            | Female V50    | Ipswich Jaffa RC             | 1:38:30 | 1:38:04 | 0   |
| 378. | 59  | Sophie Ingram            | Female Senior | Ipswich Jaffa RC             | 1:38:47 | 1:38:27 | 1   |
| 379. | 544 | Josephine Rosier         | Female V55    | Unattached                   | 1:38:49 | 1:38:03 | 0   |
| 380. | 31  | Misty Smith              | Female V40    | Ipswich Jaffa RC             | 1:38:51 | 1:38:31 | 1   |
| 381. | 378 | Guy Brinkley             | Male V40      | Unattached                   | 1:38:56 | 1:38:23 | 0   |
| 382. | 57  | Janette Smith            | Female V55    | Ipswich Phoenix Running Club | 1:39:00 | 1:38:35 | 0   |
| 383. | 203 | Renee Wilkins            | Female V50    | Kesgrave Kruisers            | 1:39:09 | 1:38:47 | 0   |
| 384. | 259 | Rebecca Hewson           | Female V65    | Felixstowe RRC               | 1:39:11 | 1:38:57 | 1   |
| 385. | 577 | Carl George              | Male V45      | Unattached                   | 1:39:14 | 1:38:37 | 0   |
| 386. | 279 | Danielle Charters        | Female V40    | Unattached                   | 1:39:16 | 1:39:08 | 1   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name             | AG            | Club                         | Gun     | Chip    | SCC |
|------|-----|------------------|---------------|------------------------------|---------|---------|-----|
| 387. | 285 | Charles Ladell   | Male Senior   | Unattached                   | 1:39:17 | 1:38:25 | 0   |
| 388. | 522 | Jack Davies      | Male Senior   | Unattached                   | 1:39:20 | 1:38:40 | 0   |
| 389. | 630 | Matt Read        | Male V40      | Unattached                   | 1:39:22 | 1:39:22 | 0   |
| 390. | 557 | Jamie Burgess    | Male V50      | Unattached                   | 1:39:25 | 1:39:03 | 0   |
| 391. | 558 | Caroline Burgess | Female V50    | Unattached                   | 1:39:25 | 1:39:03 | 0   |
| 392. | 30  | Adele Field      | Female V60    | Felixstowe RRC               | 1:39:27 | 1:38:47 | 1   |
| 393. | 330 | Tony Adolphus    | Male V65      | Ipswich Jaffa RC             | 1:39:39 | 1:39:15 | 1   |
| 394. | 3   | Rosie Bennett    | Female Senior | Unattached                   | 1:39:41 | 1:38:52 | 0   |
| 395. | 453 | Nathan Bit-David | Male Senior   | Unattached                   | 1:39:42 | 1:38:53 | 0   |
| 396. | 457 | Charlie Reed     | Male Senior   | Unattached                   | 1:39:43 | 1:38:52 | 0   |
| 397. | 291 | Danielle Wright  | Female Senior | Felixstowe RRC               | 1:39:49 | 1:39:32 | 0   |
| 398. | 75  | Jenny Church     | Female V60    | Felixstowe RRC               | 1:39:49 | 1:39:32 | 1   |
| 399. | 513 | Adam Turrell     | Male V50      | Unattached                   | 1:39:53 | 1:39:19 | 0   |
| 400. | 315 | Joanne Bouttell  | Female V60    | Newmarket Joggers            | 1:39:54 | 1:39:37 | 1   |
| 401. | 490 | Viki Smith       | Female V40    | Unattached                   | 1:40:09 | 1:39:50 | 0   |
| 402. | 268 | Gill Mellors     | Female V55    | Unattached                   | 1:40:10 | 1:39:42 | 0   |
| 403. | 106 | Mandy Pulham     | Female Senior | Unattached                   | 1:40:23 | 1:40:08 | 0   |
| 404. | 402 | Andy Campbell    | Male V40      | Unattached                   | 1:40:24 | 1:39:35 | 1   |
| 405. | 403 | Sheryl Abels     | Female V40    | Unattached                   | 1:40:24 | 1:39:36 | 1   |
| 406. | 525 | Ellie-Mae Smith  | Female Senior | Unattached                   | 1:40:41 | 1:40:27 | 0   |
| 407. | 524 | Beth Welton      | Female Senior | Unattached                   | 1:40:41 | 1:40:27 | 0   |
| 408. | 371 | Scott Cairns     | Male V55      | Unattached                   | 1:40:43 | 1:39:55 | 1   |
| 409. | 368 | Mia Cairns       | Female Senior | Unattached                   | 1:40:44 | 1:39:55 | 1   |
| 410. | 149 | Caroline Perry   | Female V45    | Kesgrave Kruisers            | 1:40:48 | 1:40:26 | 0   |
| 411. | 205 | Kevin Davidson   | Male V60      | Unattached                   | 1:40:57 | 1:40:24 | 0   |
| 412. | 159 | Katherine Drage  | Female Senior | Unattached                   | 1:41:29 | 1:40:47 | 1   |
| 413. | 208 | Bonnie Coe       | Female Senior | Unattached                   | 1:41:35 | 1:40:53 | 0   |
| 414. | 223 | Joanna Weaver    | Female V50    | Rushmere Community Runners   | 1:41:35 | 1:40:54 | 0   |
| 415. | 441 | Chris Dutton     | Male V60      | Unattached                   | 1:41:38 | 1:41:17 | 0   |
| 416. | 442 | Amy Welsh        | Female V40    | Unattached                   | 1:41:38 | 1:41:18 | 0   |
| 417. | 278 | Ollie Frater     | Male V40      | Unattached                   | 1:41:49 | 1:40:59 | 0   |
| 418. | 447 | Sam Dowers       | Male V40      | Unattached                   | 1:41:49 | 1:40:59 | 0   |
| 419. | 592 | Karman Potter    | Female Senior | Unattached                   | 1:41:52 | 1:41:14 | 0   |
| 420. | 27  | Hannah Prior     | Female Senior | Unattached                   | 1:41:53 | 1:41:47 | 0   |
| 421. | 454 | Helen Herbert    | Female V40    | Unattached                   | 1:41:55 | 1:41:19 | 0   |
| 422. | 333 | Anika Shenfield  | Female V50    | Felixstowe RRC               | 1:41:55 | 1:41:16 | 0   |
| 423. | 217 | Amy Mills        | Female Senior | Unattached                   | 1:42:28 | 1:42:16 | 0   |
| 424. | 222 | Cherilyn Penman  | Female V50    | Haverhill Running Club       | 1:42:38 | 1:42:10 | 0   |
| 425. | 130 | Matt Chappell    | Male Senior   | Unattached                   | 1:42:54 | 1:42:37 | 0   |
| 426. | 224 | Martin Garrod    | Male V65      | Ipswich Phoenix Running Club | 1:44:03 | 1:43:39 | 1   |
| 427. | 567 | John Clarke      | Male V60      | Unattached                   | 1:44:10 | 1:43:41 | 0   |
| 428. | 409 | Katy Lewis       | Female Senior | Unattached                   | 1:44:24 | 1:43:34 | 0   |
| 429. | 193 | Samantha Emms    | Female V40    | Unattached                   | 1:44:29 | 1:43:54 | 0   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name                   | AG            | Club                                | Gun     | Chip    | SCC |
|------|-----|------------------------|---------------|-------------------------------------|---------|---------|-----|
| 430. | 210 | Emma Howard            | Female Senior | Unattached                          | 1:44:32 | 1:43:59 | 0   |
| 431. | 209 | Ian Knights            | Male V50      | Kesgrave Kruisers                   | 1:44:32 | 1:43:59 | 0   |
| 432. | 197 | Katherine Harris       | Female V45    | Felixstowe RRC                      | 1:44:35 | 1:44:17 | 0   |
| 433. | 272 | Carl Jarrett           | Male V50      | Felixstowe RRC                      | 1:44:36 | 1:44:07 | 0   |
| 434. | 148 | Lisa Smith             | Female V40    | Unattached                          | 1:44:47 | 1:44:05 | 0   |
| 435. | 173 | Elizabeth Gould        | Female Senior | Unattached                          | 1:44:59 | 1:44:35 | 0   |
| 436. | 327 | Steve Bright           | Male V60      | Lonely Goat RC                      | 1:45:01 | 1:44:35 | 0   |
| 437. | 232 | Helen Ward             | Female V45    | Unattached                          | 1:45:10 | 1:44:39 | 0   |
| 438. | 364 | Mandy Godbold          | Female V55    | Ipswich Harriers                    | 1:45:46 | 1:45:36 | 0   |
| 439. | 456 | Ricky Hardy            | Male V40      | Unattached                          | 1:45:55 | 1:45:06 | 0   |
| 440. | 187 | Raymond Coleman        | Male V60      | Unattached                          | 1:46:13 | 1:45:27 | 0   |
| 441. | 335 | Laura Stevenson        | Female Senior | Unattached                          | 1:46:13 | 1:46:09 | 0   |
| 442. | 501 | Emilia Chiras          | Female V50    | Unattached                          | 1:46:25 | 1:45:33 | 0   |
| 443. | 329 | Jon Moodie             | Male V50      | Unattached                          | 1:46:53 | 1:46:10 | 0   |
| 444. | 102 | Carol Downs            | Female V60    | Redway Runners                      | 1:46:55 | 1:46:18 | 0   |
| 445. | 46  | Charlotte Williams     | Female V40    | Woodbridge Shufflers RC             | 1:47:12 | 1:46:25 | 0   |
| 446. | 620 | Tom Merrall            | Male Senior   | Unattached                          | 1:47:23 | 1:46:46 | 0   |
| 447. | 514 | Summer Mark            | Female Senior | Unattached                          | 1:47:23 | 1:46:47 | 0   |
| 448. | 202 | Lauren Carr            | Female V45    | Unattached                          | 1:47:27 | 1:46:41 | 0   |
| 449. | 200 | Louise Stratford       | Female V45    | Unattached                          | 1:47:27 | 1:46:42 | 0   |
| 450. | 473 | Taylor Edwards         | Male Senior   | Unattached                          | 1:47:34 | 1:47:17 | 0   |
| 451. | 340 | Keelan Smith           | Male V40      | Saxmundham Sports Running & Fitness | 1:47:38 | 1:46:56 | 1   |
| 452. | 171 | Imogen Claydon         | Female Senior | Saxmundham Sports Running & Fitness | 1:47:38 | 1:46:56 | 1   |
| 453. | 347 | Bryan Perry            | Male Senior   | Unattached                          | 1:47:55 | 1:47:24 | 0   |
| 454. | 626 | Leanda Adamson         | Female V40    | Rushmere Community Runners          | 1:47:56 | 1:47:12 | 0   |
| 455. | 23  | Michelle Walne         | Female V60    | Felixstowe RRC                      | 1:47:59 | 1:47:19 | 1   |
| 456. | 186 | Thomas Russell         | Male Senior   | Felixstowe RRC                      | 1:48:17 | 1:47:47 | 1   |
| 457. | 263 | Jacqueline Allport     | Female V55    | Felixstowe RRC                      | 1:48:43 | 1:47:56 | 0   |
| 458. | 266 | Roger Garrod           | Male V55      | Felixstowe RRC                      | 1:49:13 | 1:48:36 | 0   |
| 459. | 94  | Adriana Houchell       | Female Senior | Ipswich Jaffa RC                    | 1:49:17 | 1:48:57 | 0   |
| 460. | 309 | Tony Wall              | Male V60      | Unattached                          | 1:49:20 | 1:48:34 | 0   |
| 461. | 511 | Emily Maguire          | Female Senior | Rushmere Community Runners          | 1:49:21 | 1:48:46 | 0   |
| 462. | 552 | Tom Corker             | Male V40      | Unattached                          | 1:49:22 | 1:48:39 | 0   |
| 463. | 93  | Karen Allum            | Female V55    | Unattached                          | 1:49:29 | 1:48:36 | 0   |
| 464. | 398 | Michael Davis          | Male V50      | Unattached                          | 1:49:31 | 1:48:41 | 1   |
| 465. | 541 | Amber Dugdall-Marshall | Female Senior | Unattached                          | 1:49:32 | 1:48:53 | 0   |
| 466. | 265 | Dawn Binge             | Female V50    | Felixstowe RRC                      | 1:49:32 | 1:49:03 | 0   |
| 467. | 542 | James Inkley           | Male Senior   | Unattached                          | 1:49:33 | 1:48:54 | 0   |
| 468. | 588 | Leonna Baby            | Female Senior | Unattached                          | 1:49:43 | 1:48:48 | 0   |
| 469. | 599 | Wayne Grant            | Male V60      | Unattached                          | 1:49:44 | 1:48:59 | 0   |
| 470. | 174 | Abigail French         | Female Senior | BLC on the Run                      | 1:49:56 | 1:49:18 | 0   |
| 471. | 431 | Donna Dowsing          | Female V55    | Unattached                          | 1:50:00 | 1:49:35 | 0   |
| 472. | 295 | Jemima Bestley         | Female Senior | Unattached                          | 1:50:02 | 1:49:26 | 0   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name                  | AG            | Club                        | Gun     | Chip    | SCC |
|------|-----|-----------------------|---------------|-----------------------------|---------|---------|-----|
| 473. | 410 | Karl Harris           | Male V45      | Unattached                  | 1:50:10 | 1:49:38 | 0   |
| 474. | 152 | Paul Weekes           | Male V40      | Unattached                  | 1:50:12 | 1:49:23 | 0   |
| 475. | 2   | Holly Bennett         | Female Senior | Unattached                  | 1:50:13 | 1:50:03 | 0   |
| 476. | 603 | Jason Dear            | Male V50      | Unattached                  | 1:50:18 | 1:49:33 | 0   |
| 477. | 264 | Andrew Beckinsale     | Male V40      | Felixstowe RRC              | 1:50:39 | 1:49:48 | 0   |
| 478. | 38  | Jamie Stringer        | Male V45      | Felixstowe RRC              | 1:50:51 | 1:50:11 | 0   |
| 479. | 377 | Rachael Williams      | Female V50    | Felixstowe RRC              | 1:51:17 | 1:50:32 | 0   |
| 480. | 383 | Jackie Collins        | Female V60    | Felixstowe RRC              | 1:51:34 | 1:51:05 | 1   |
| 481. | 308 | Hans-Jürgen Wiedner   | Male V65      | Lauffreunde HADI Wesel e.V. | 1:52:26 | 1:51:53 | 0   |
| 482. | 145 | Carly Ward            | Female V40    | Unattached                  | 1:52:40 | 1:52:08 | 0   |
| 483. | 415 | Sarah Pearsons        | Female Senior | Unattached                  | 1:52:58 | 1:52:27 | 0   |
| 484. | 580 | Hannah Traynor        | Female Senior | Unattached                  | 1:52:58 | 1:52:27 | 0   |
| 485. | 228 | Rhonda Horne          | Female V45    | Unattached                  | 1:53:15 | 1:52:43 | 0   |
| 486. | 220 | Katherine Aykroyd     | Female V40    | Felixstowe RRC              | 1:53:33 | 1:52:56 | 1   |
| 487. | 593 | Shane Minns           | Male V65      | Unattached                  | 1:53:56 | 1:53:35 | 0   |
| 488. | 28  | Emma Duffy            | Female V45    | Unattached                  | 1:54:06 | 1:53:28 | 0   |
| 489. | 242 | Sharon Taylor         | Female V55    | Unattached                  | 1:54:11 | 1:54:09 | 0   |
| 490. | 25  | Claire Toogood        | Female Senior | Unattached                  | 1:54:33 | 1:54:08 | 0   |
| 491. | 294 | Paul Bestley          | Male V50      | Ipswich Harriers            | 1:54:51 | 1:54:16 | 0   |
| 492. | 422 | Anna Tomaszczuk       | Female V50    | Unattached                  | 1:54:54 | 1:54:12 | 0   |
| 493. | 516 | Samantha Howe         | Female V50    | Unattached                  | 1:54:56 | 1:54:22 | 0   |
| 494. | 249 | Charlotte Green       | Female Senior | Lonely Goat RC              | 1:55:19 | 1:55:03 | 0   |
| 495. | 445 | Emily Gillingham      | Female Senior | Unattached                  | 1:55:22 | 1:54:51 | 0   |
| 496. | 480 | James Spillett        | Male V50      | Unattached                  | 1:56:32 | 1:55:41 | 0   |
| 497. | 481 | Michelle Todd         | Female V40    | Unattached                  | 1:56:32 | 1:55:41 | 0   |
| 498. | 216 | Roisin Anderson Hurst | Female V40    | Kesgrave Kruisers           | 1:56:37 | 1:56:18 | 1   |
| 499. | 591 | Agnieszka Andrzejak   | Female V45    | Stowmarket Striders RC      | 1:56:37 | 1:55:54 | 0   |
| 500. | 396 | Stacie Long           | Female Senior | Vegan Runners UK            | 1:56:38 | 1:56:34 | 0   |
| 501. | 101 | Laura Clinton         | Female V40    | Unattached                  | 1:56:38 | 1:56:20 | 0   |
| 502. | 320 | Faye Gibbs            | Female V45    | Unattached                  | 1:56:39 | 1:56:20 | 0   |
| 503. | 353 | Gareth Carr           | Male V40      | Unattached                  | 1:57:23 | 1:56:58 | 0   |
| 504. | 251 | Jasmine Mallett       | Female Senior | Unattached                  | 1:57:48 | 1:57:05 | 0   |
| 505. | 610 | Shannon Middle        | Female Senior | Unattached                  | 1:57:48 | 1:57:05 | 0   |
| 506. | 609 | Lucy Barrett          | Female Senior | Unattached                  | 1:57:48 | 1:57:05 | 0   |
| 507. | 613 | Maria Huntley         | Female V40    | Unattached                  | 1:57:53 | 1:57:11 | 0   |
| 508. | 604 | Nichola Bennett       | Female V45    | Unattached                  | 1:57:54 | 1:57:11 | 0   |
| 509. | 537 | Richard Westley       | Male V60      | Unattached                  | 1:58:24 | 1:58:14 | 0   |
| 510. | 32  | Simon Ashton          | Male V60      | Lonely Goat RC              | 1:58:38 | 1:58:16 | 1   |
| 511. | 189 | David Emeny           | Male Senior   | Unattached                  | 1:59:02 | 1:58:52 | 0   |
| 512. | 78  | Dawn Gibson           | Female V45    | Felixstowe RRC              | 1:59:22 | 1:58:53 | 0   |
| 513. | 79  | Ruby Holland          | Female Senior | Felixstowe RRC              | 1:59:22 | 1:58:53 | 0   |
| 514. | 34  | Suzanne Peake         | Female V55    | Unattached                  | 1:59:24 | 1:59:05 | 0   |
| 515. | 167 | Abbie Stares          | Female Senior | Unattached                  | 2:00:07 | 1:59:27 | 0   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib  | Name                  | AG            | Club                         | Gun     | Chip    | SCC |
|------|------|-----------------------|---------------|------------------------------|---------|---------|-----|
| 516. | 548  | Sapphira Minns        | Female Senior | Unattached                   | 2:00:21 | 2:00:01 | 1   |
| 517. | 98   | Angie Leggett         | Female V60    | Unattached                   | 2:00:22 | 1:59:36 | 0   |
| 518. | 238  | Bethany Shopland      | Female Senior | Unattached                   | 2:00:34 | 1:59:47 | 0   |
| 519. | 289  | Conor Flanagan        | Male Senior   | Unattached                   | 2:00:34 | 1:59:47 | 0   |
| 520. | 131  | Michelle Martin       | Female V45    | Kesgrave Kruisers            | 2:01:06 | 2:00:29 | 0   |
| 521. | 58   | Lisa Sutherland       | Female V50    | Unattached                   | 2:01:17 | 2:00:39 | 1   |
| 522. | 397  | Howard Crick          | Male Senior   | Unattached                   | 2:01:48 | 2:00:59 | 0   |
| 523. | 389  | Ellen Crick           | Female Senior | Unattached                   | 2:01:48 | 2:00:59 | 0   |
| 524. | 239  | Max Topple            | Male Senior   | Unattached                   | 2:02:47 | 2:02:05 | 0   |
| 525. | 556  | Kate Ashby            | Female V45    | Unattached                   | 2:02:59 | 2:02:08 | 0   |
| 526. | 258  | Helen Offord          | Female V60    | Unattached                   | 2:02:59 | 2:02:09 | 0   |
| 527. | 367  | Mark Perryman         | Male Senior   | Unattached                   | 2:03:16 | 2:02:58 | 0   |
| 528. | 474  | Molly Lewis           | Female Senior | Unattached                   | 2:04:11 | 2:03:54 | 0   |
| 529. | 584  | Faith Lewis           | Female V50    | Saint Edmund Pacers          | 2:04:13 | 2:03:56 | 0   |
| 530. | 424  | Robert Kemp           | Male V40      | Felixstowe RRC               | 2:04:20 | 2:03:43 | 0   |
| 531. | 83   | Mandy Chinery         | Female V50    | Kesgrave Kruisers            | 2:05:16 | 2:04:34 | 0   |
| 532. | 323  | Stephanie Van Helvert | Female Senior | Unattached                   | 2:05:24 | 2:04:49 | 1   |
| 533. | 322  | Claire Bigg           | Female V45    | Unattached                   | 2:05:26 | 2:04:50 | 1   |
| 534. | 267  | Hollie Pearson        | Female Senior | Unattached                   | 2:05:30 | 2:04:55 | 0   |
| 535. | 574  | Stacey Rowe           | Female Senior | Unattached                   | 2:05:47 | 2:05:12 | 0   |
| 536. | 550  | Keith Carr            | Male V45      | Unattached                   | 2:05:47 | 2:05:12 | 0   |
| 537. | 62   | Chris Slemmings       | Male V70+     | Ipswich Triathlon Club       | 2:05:47 | 2:05:25 | 0   |
| 538. | 42   | Sarah Harmon          | Female V50    | Felixstowe RRC               | 2:06:22 | 2:05:41 | 0   |
| 539. | 221  | Adel Webber           | Female V40    | Unattached                   | 2:06:39 | 2:06:06 | 0   |
| 540. | 218  | Claire Rush           | Female V45    | Kesgrave Kruisers            | 2:06:39 | 2:06:06 | 1   |
| 541. | 104  | Sharon Halpin         | Female V60    | Felixstowe RRC               | 2:07:58 | 2:07:21 | 1   |
| 542. | 252  | Anne Emerson-Smith    | Female V65    | Unattached                   | 2:08:45 | 2:07:55 | 0   |
| 543. | 455  | Charlotte Eve         | Female Senior | Unattached                   | 2:09:38 | 2:08:48 | 0   |
| 544. | 430  | Linda Montgomery      | Female V45    | Unattached                   | 2:09:48 | 2:09:23 | 0   |
| 545. | 444  | Lauren Challen-Evans  | Female Senior | Unattached                   | 2:12:09 | 2:11:23 | 1   |
| 546. | 416  | Lewis Divincenzo      | Male Senior   | Unattached                   | 2:12:30 | 2:12:01 | 0   |
| 547. | 417  | Heaven Di-Vincenzo    | Female Senior | Unattached                   | 2:12:31 | 2:12:01 | 0   |
| 548. | 225  | Rosie Culpeck         | Female V45    | Unattached                   | 2:13:45 | 2:12:56 | 0   |
| 549. | 600  | Stefan Payne          | Male V40      | Unattached                   | 2:13:46 | 2:12:59 | 0   |
| 550. | 505  | Samantha Emeny        | Female V40    | Unattached                   | 2:13:58 | 2:13:10 | 0   |
| 551. | 539  | Christopher Bickley   | Male V40      | Unattached                   | 2:15:09 | 2:14:18 | 0   |
| 552. | 1    | Annabel Bennett       | Female V60    | Unattached                   | 2:16:19 | 2:15:47 | 0   |
| 553. | 61   | Scarlet Alford        | Female Senior | Unattached                   | 2:19:16 | 2:18:22 | 0   |
| 554. | 90   | Rachael Hagger        | Female V50    | Unattached                   | 2:19:17 | 2:18:23 | 0   |
| a.k. | 2011 | N.n. Unknown Bib 2011 |               |                              |         |         | 0   |
| DNF  | 63   | Emma Wheeler          | Female Senior | Ipswich Phoenix Running Club |         |         | 1   |
| DNF  | 135  | Stephen Thorndyke     | Male V40      | Unattached                   |         |         | 0   |
| DNF  | 540  | Matt Read             | Male V40      | Unattached                   |         |         | 0   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name                 | AG            | Club                       | Gun | Chip | SCC |
|------|-----|----------------------|---------------|----------------------------|-----|------|-----|
| DNS  | 14  | Piotr Bulacz         | Male V55      | Sudbury Joggers            |     |      | 1   |
| DNS  | 21  | Joanne Rosenwold     | Female V55    | Haverhill Running Club     |     |      | 0   |
| DNS  | 24  | Alex Walne           | Male Senior   | Unattached                 |     |      | 1   |
| DNS  | 37  | Kirsti Martin        | Female V40    | Unattached                 |     |      | 0   |
| DNS  | 49  | Lesley Cooper Burns  | Female V55    | Unattached                 |     |      | 0   |
| DNS  | 64  | Paul Dorset          | Male V50      | Felixstowe RRC             |     |      | 0   |
| DNS  | 67  | Susan Aves           | Female V60    | Springfield Striders RC    |     |      | 0   |
| DNS  | 80  | Nicola Fosker        | Female Senior | Felixstowe RRC             |     |      | 0   |
| DNS  | 87  | Luke Whitwell        | Male V40      | Unattached                 |     |      | 0   |
| DNS  | 89  | James Hymas          | Male V45      | Haverhill Running Club     |     |      | 1   |
| DNS  | 107 | Nicholas Barlow      | Male V40      | Unattached                 |     |      | 0   |
| DNS  | 132 | Mike Brewer          | Male V60      | Unattached                 |     |      | 0   |
| DNS  | 137 | Curtis Wegg          | Male Senior   | Unattached                 |     |      | 0   |
| DNS  | 140 | David Pitt           | Male V40      | Unattached                 |     |      | 0   |
| DNS  | 143 | Olivia Hine          | Female Senior | Unattached                 |     |      | 0   |
| DNS  | 146 | Alex Gray            | Male V40      | Unattached                 |     |      | 0   |
| DNS  | 151 | Tia Tople            | Female Senior | Unattached                 |     |      | 0   |
| DNS  | 158 | Michael Roberts      | Male V70+     | Unattached                 |     |      | 0   |
| DNS  | 162 | Mark Gleen           | Male V50      | Kesgrave Kruisers          |     |      | 1   |
| DNS  | 164 | Susan Smale          | Female V50    | Felixstowe RRC             |     |      | 0   |
| DNS  | 177 | Martyn Brewster      | Male V55      | Felixstowe RRC             |     |      | 1   |
| DNS  | 183 | Jordan Shaddick      | Male Senior   | Unattached                 |     |      | 0   |
| DNS  | 195 | Stuart Dalton-Leader | Male V50      | Unattached                 |     |      | 0   |
| DNS  | 199 | Katie Meadows        | Female Senior | Felixstowe RRC             |     |      | 0   |
| DNS  | 204 | Scott Girling        | Male Senior   | Capel Cheetahs             |     |      | 0   |
| DNS  | 227 | Gary Groves          | Male V55      | Unattached                 |     |      | 0   |
| DNS  | 229 | Nick Horne           | Male V50      | Unattached                 |     |      | 0   |
| DNS  | 230 | Katie Payne          | Female Senior | Unattached                 |     |      | 1   |
| DNS  | 240 | Andrew Cocker        | Male V60      | Rushmere Community Runners |     |      | 0   |
| DNS  | 245 | Paul Mann            | Male V60      | Unattached                 |     |      | 0   |
| DNS  | 247 | Joe Ward             | Male Senior   | Unattached                 |     |      | 0   |
| DNS  | 248 | Carol Miller         | Female V50    | Rushmere Community Runners |     |      | 0   |
| DNS  | 255 | Tom Monk             | Male Senior   | Unattached                 |     |      | 0   |
| DNS  | 256 | Kenneth Wright       | Male Senior   | Ipswich Jaffa RC           |     |      | 0   |
| DNS  | 261 | Hayley Emmens        | Female Senior | Unattached                 |     |      | 0   |
| DNS  | 262 | Luke Billsberry      | Male V40      | Unattached                 |     |      | 0   |
| DNS  | 269 | Jamie Jackson        | Female Senior | Felixstowe RRC             |     |      | 0   |
| DNS  | 284 | Sian Wilson          | Female V50    | Unattached                 |     |      | 0   |
| DNS  | 286 | Charla Ladell        | Female Senior | Unattached                 |     |      | 0   |
| DNS  | 297 | Rachael Page         | Female V45    | Ipswich Jaffa RC           |     |      | 1   |
| DNS  | 298 | Rob Page             | Male V45      | Ipswich Jaffa RC           |     |      | 1   |
| DNS  | 302 | Roger Stone          | Male V55      | Kesgrave Kruisers          |     |      | 1   |
| DNS  | 305 | Caroline McIntosh    | Female V70+   | Newmarket Joggers          |     |      | 1   |

# Richard Bennett Felixstowe Coastal 10m

Sunday, 14th September 2025



## Race Chip Timing

### Overall Results

| Plac | Bib | Name             | AG            | Club                        | Gun | Chip | SCC |
|------|-----|------------------|---------------|-----------------------------|-----|------|-----|
| DNS  | 306 | Frances Lucey    | Female Senior | Little Baddow Ridge Runners |     |      | 0   |
| DNS  | 328 | Sarah Offord     | Female V60    | Unattached                  |     |      | 1   |
| DNS  | 334 | Melody Howard    | Female Senior | Felixstowe RRC              |     |      | 0   |
| DNS  | 336 | Heidi Baker      | Female Senior | Unattached                  |     |      | 0   |
| DNS  | 337 | Jamie Vincent    | Male V40      | Unattached                  |     |      | 0   |
| DNS  | 339 | Robert Pollard   | Male Senior   | Newmarket Joggers           |     |      | 1   |
| DNS  | 348 | Derek Daly       | Male V60      | Lonely Goat RC              |     |      | 0   |
| DNS  | 355 | Joe Naughton     | Male V60      | Ipswich Triathlon Club      |     |      | 0   |
| DNS  | 360 | Wendy Ancill     | Female V55    | Newmarket Joggers           |     |      | 1   |
| DNS  | 365 | Mark Cooper      | Male Senior   | Unattached                  |     |      | 0   |
| DNS  | 376 | Mark Geddie      | Male V55      | Newmarket Joggers           |     |      | 1   |
| DNS  | 404 | Grace Harley     | Female Senior | Unattached                  |     |      | 0   |
| DNS  | 411 | Clive Thomas     | Male V60      | BLC on the Run              |     |      | 1   |
| DNS  | 413 | Lucy Benneworth  | Female Senior | Unattached                  |     |      | 0   |
| DNS  | 432 | Ben Kelland      | Male Senior   | Unattached                  |     |      | 1   |
| DNS  | 450 | Harris Ashton    | Male Senior   | Unattached                  |     |      | 0   |
| DNS  | 458 | Steffan Jones    | Male Senior   | Unattached                  |     |      | 0   |
| DNS  | 462 | Gi Kwong Cheung  | Male V55      | Ipswich Jaffa RC            |     |      | 0   |
| DNS  | 463 | Brian Ward       | Male V50      | Unattached                  |     |      | 0   |
| DNS  | 486 | Kayleigh Rattle  | Female Senior | Unattached                  |     |      | 0   |
| DNS  | 517 | Jerome Tassel    | Male V50      | Unattached                  |     |      | 0   |
| DNS  | 518 | Amelie Tassel    | Female Senior | Unattached                  |     |      | 0   |
| DNS  | 547 | Jessica Pridmore | Female Senior | Unattached                  |     |      | 0   |
| DNS  | 549 | Holly Howard     | Female Senior | Unattached                  |     |      | 0   |
| DNS  | 553 | Evan Rupp        | Male Senior   | Unattached                  |     |      | 0   |
| DNS  | 596 | Guy Hayward      | Male V50      | Unattached                  |     |      | 0   |
| DNS  | 598 | Carl Collins     | Male Senior   | Ipswich Jaffa RC            |     |      | 0   |
| DNS  | 619 | Kevin Scott      | Male V60      | Rushmere Community Runners  |     |      | 0   |

Number of records: 629